

## Extreme Heat Watch Saturday through Tuesday

June 20, 2025 3:00 PM

Long-duration heat wave ahead through early next week

#### **Key Messages**

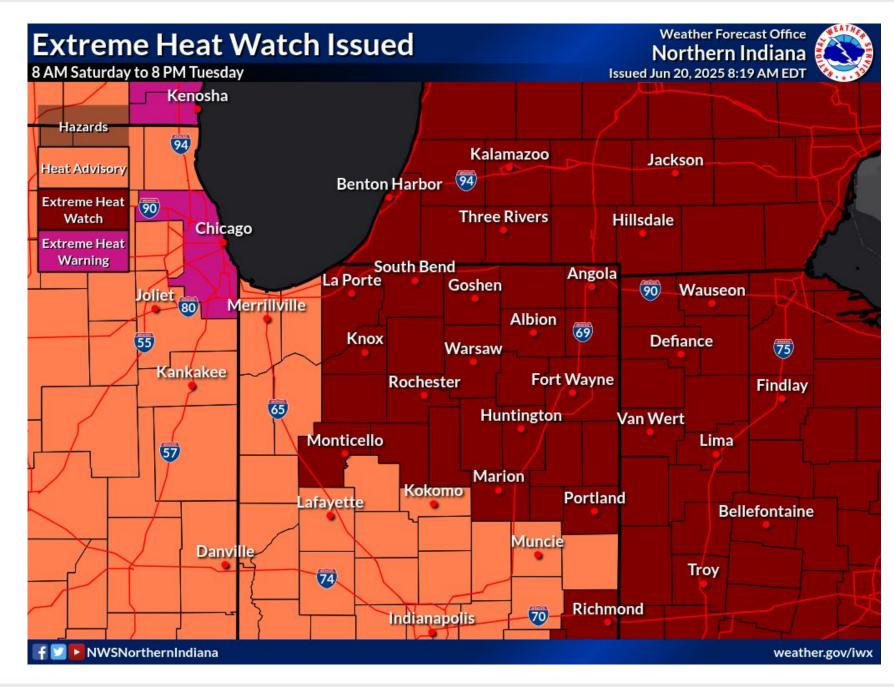
- → An Extreme Heat Watch will be in effect from 8 AM ET Saturday through 8 PM ET Tuesday
- Oppressively hot and humid conditions area ahead:
  - Highs: Low to mid 90s
  - Lows: Low to mid 70s (little to no relief at night)
  - Peak heat indices between 100-105 degrees each day
- → Limit time outdoors, stay hydrated, and check on those who may be vulnerable to heat.

## **Important Updates**

→ No changes to the forecast this afternoon. High confidence in dangerous heat and humidity.

### **Next Scheduled Briefing**

Saturday morning





National Weather Service Northern Indiana



## **Extreme Heat Watch Saturday through Tuesday**

June 20, 2025 3:00 PM

#### **Forecast Daily High Temperatures and Peak Heat Indices**

Maximum Temperature Forecast (°F)

Maximum Temperature Forecast (F)																	
		6/	21		6/22				6/23				6/24				
	Sat				Sun				Mon				Tue				
	12am	6am	12pm	6pm	12am 6am 12pm 6pm				12am 6am 12pm 6pm				12am 6am 12pm 6pm				
Angola	70	81	90	89	79	86	92	91	78	86	93	91	79	85	91	90	
Benton Harbor	73	82	89	89	79	81	90	89	80	83	91	90	79	80	86	84	
Bryan	71	82	91	90	80	87	94	93	79	87	94	93	80	85	94	92	
Defiance	72	83	92	91	80	88	94	94	80	87	95	93	81	86	94	93	
Elkhart	73	84	92	92	82	87	94	94	80	87	95	94	81	85	93	91	
Fort Wayne	70	82	91	90	79	87	93	92	78	86	94	92	80	86	94	92	
Goshen	73	83	91	91	81	87	93	92	80	86	94	93	81	85	92	90	
Hillsdale	70	81	90	89	79	86	92	92	78	86	93	92	79	84	91	90	
La Porte	73	84	93	92	82	86	94	93	80	86	94	93	81	84	90	88	
Lima	71	82	90	90	79	87	94	93	79	87	94	93	81	87	95	93	
Logansport	73	83	91	91	80	86	92	92	80	86	93	92	80	86	93	92	
Marion	70	82	90	90	80	86	92	91	78	86	93	92	80	85	93	91	
Michigan City	73	81	88	88	81	83	89	89	80	83	90	89	80	82	86	83	
Portland	71	82	90	89	79	86	92	91	78	86	93	91	79	85	94	92	
South Bend	73	84	93	92	83	88	95	94	81	87	95	94	81	86	93	90	
Three Rivers	72	83	92	91	81	87	94	93	80	86	94	92	80	85	92	89	
Warsaw	72	83	91	90	80	86	92	92	80	86	94	92	80	85	93	91	
Wauseon	71	82	92	91	79	87	94	94	80	87	95	94	81	86	94	93	
Winamac	74	84	92	92	81	87	94	93	80	86	94	93	81	86	93	92	

Maximum Heat Index Forecast (°F)

		6/	21		6/22				6/23				6/24			
	Sat				Sun				Mon				Tue			
	12am 6am 12pm 6pm				12am 6am 12pm 6pm				12am 6am 12pm 6pm				12am 6am 12pm 6pm			
Angola	70	85	98	97	79	95	101	100	78	94	102	100	79	93	99	97
Benton Harbor	73	86	95	95	79	85	96	95	83	88	98	96	79	83	91	88
Bryan	71	87	101	99	84	96	105	102	79	95	103	101	83	92	101	99
Defiance	72	88	100	99	84	96	103	102	84	94	104	100	85	92	101	99
Elkhart	73	90	100	100	87	94	102	102	84	94	103	101	85	91	101	98
Fort Wayne	70	87	100	98	79	95	102	101	78	94	102	99	84	93	101	99
Goshen	73	89	101	100	85	94	102	101	83	94	102	101	85	92	100	97
Hillsdale	70	85	98	97	79	93	101	101	78	93	102	100	79	90	99	96
La Porte	73	90	100	99	86	92	100	99	83	92	100	99	84	89	96	92
Lima	71	86	97	97	79	95	103	100	79	94	102	100	85	94	103	99
Logansport	73	89	101	100	84	93	101	100	84	94	102	99	84	93	101	99
Marion	70	87	101	99	84	94	102	100	78	94	102	100	84	93	102	99
Michigan City	73	85	94	94	85	88	95	95	83	88	97	95	83	86	92	87
Portland	71	86	97	96	79	93	99	98	78	91	100	97	79	90	99	97
South Bend	73	90	101	100	88	96	103	101	85	94	103	101	85	91	100	96
Three Rivers	72	88	100	99	85	94	102	101	83	93	102	99	83	91	100	95
Warsaw	72	89	101	99	84	93	100	100	84	93	102	100	83	92	101	98
Wauseon	71	86	100	99	79	94	102	101	83	94	102	100	85	92	99	98
Winamac	74	90	100	99	85	94	100	98	83	92	100	98	85	92	98	97

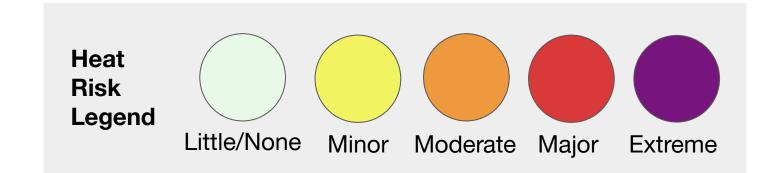


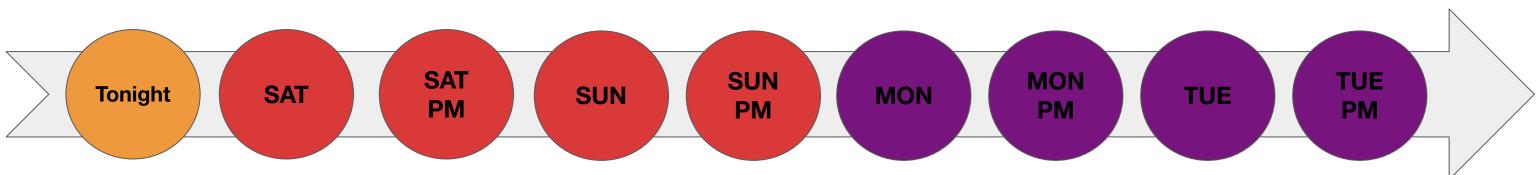


**Timeline for the Upcoming Heat Wave** 

#### **Upcoming Hazards:**

- The first heat wave of the summer will bring dangerously hot and humid conditions Saturday through Tuesday
- Overnight lows will offer little to no relief from the heat!





Multiple days of dangerous heat and humidity will impact anyone without effective cooling or adequate hydration. NWS Heat Risk shows major to extreme impacts due to heat this weekend into early next week. <a href="https://www.wpc.ncep.noaa.gov/heatrisk/">https://www.wpc.ncep.noaa.gov/heatrisk/</a>



## NWS HeatRisk: Know what heat will mean for you

Category	Risk of Heat-Related Impacts
0 - Green	Little or no risk from expected heat.
1 - Yellow	MINOR - Primarily affects individuals extremely sensitive to heat, especially when outdoors without effective cooling and/or adequate hydration.
2 - Orange	MODERATE - Affects most individuals sensitive to heat, especially those without effective cooling and/or adequate hydration. Impacts possible in some health systems and in heat-sensitive industries.
3 - Red	MAJOR - Affects anyone without effective cooling and/or adequate hydration. Impacts likely in some health systems, heat-sensitive industries, and infrastructure.
4 - Magenta	<b>EXTREME</b> - Rare and/or long duration extreme heat with little to no overnight relief. Affects anyone without effective cooling and/or adequate hydration. Impacts likely in most health systems, heat-sensitive industries, and infrastructure.

# Heat Impacts: Vulnerable Populations











**Everyone** is at risk from the dangers of extreme heat, but these groups are more vulnerable than most. Age and certain conditions make the body less able to regulate temperature.



NEVER leave anyone alone in a closed car



Use air conditioners and stay in the shade



Drink plenty of water, even if not thirsty



Wear loose-fitting, light-colored clothing

