



Long-Duration Heat Wave Through Midweek

June 21, 2025
3:16 PM

Heat Advisory continues through tonight; Extreme Heat Watch remains in effect Sunday-Tuesday

Key Messages

- A **Heat Advisory** remains in effect through tonight with heat indices expected between 96-102 degrees.
- The **Extreme Heat Watch** remains in effect Sunday through Tuesday.
 - ◆ Peak heat indices of 100-105 degrees expected.
 - ◆ Little/no relief overnight with near record warm overnight lows in the mid 70s.
 - ◆ **Cumulative effects of long-duration heat will likely cause significant impacts, especially since it is the first heat wave of the season.** Check on those who may be vulnerable to heat. Watch for signs of heat related illnesses!

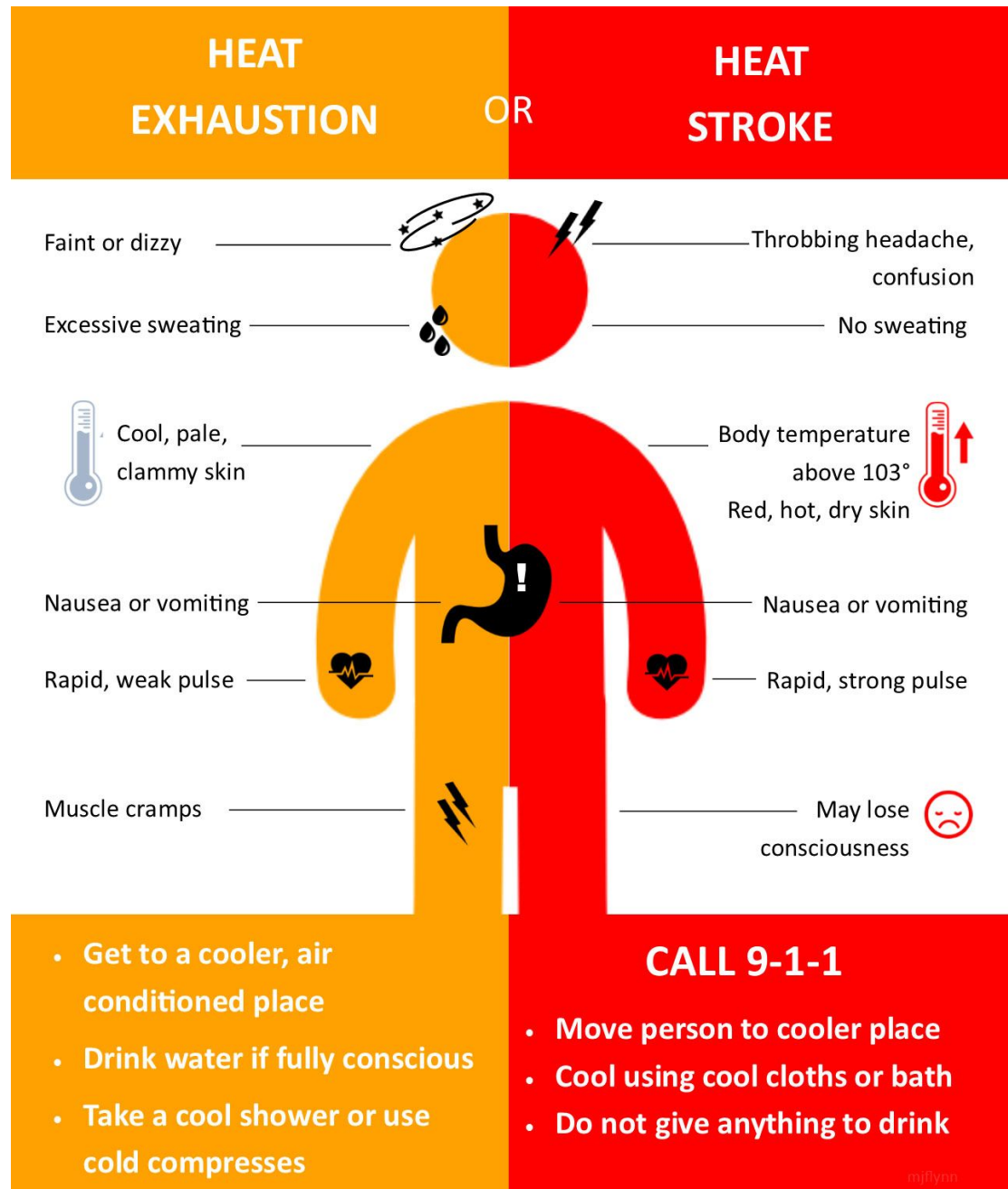
NEW

Important Updates

- No changes to the Heat Advisory or Extreme Heat Watch.

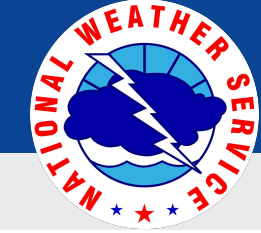
Next Scheduled Briefing

- Saturday morning



National Oceanic and
Atmospheric Administration
U.S. Department of Commerce

National Weather Service
Northern Indiana



Long-Duration Heat Wave Through Midweek

June 21, 2025
3:16 PM

Forecast Daily High Temperatures and Peak Heat Indices

Maximum Temperature Forecast (°F)

	6/22 Sun				6/23 Mon				6/24 Tue				6/25 Wed			
	12am	6am	12pm	6pm	12am	6am	12pm	6pm	12am	6am	12pm	6pm	12am	6am	12pm	6pm
Angola	80	86	93	92	79	86	92	91	79	85	90	88	77	82	87	86
Benton Harbor	81	84	89	89	80	83	88	88	78	81	83	80	71	78	82	81
Bryan	80	88	95	94	80	87	94	93	80	86	92	91	79	83	89	88
Defiance	81	89	96	95	81	88	95	94	80	87	93	92	79	84	90	88
Elkhart	82	88	95	94	81	88	94	94	82	87	91	89	78	83	89	88
Fort Wayne	80	87	94	93	80	87	94	92	80	86	92	91	79	84	90	89
Goshen	82	87	94	93	81	87	93	92	82	86	90	89	78	83	88	88
Hillsdale	79	86	93	92	79	86	92	91	79	85	90	88	77	81	86	85
La Porte	82	87	94	94	82	86	93	92	80	85	89	86	75	80	88	86
Lima	81	88	95	94	81	89	95	94	82	88	93	92	80	86	91	90
Logansport	81	87	94	93	81	88	93	93	81	87	91	90	80	85	91	89
Marion	80	86	93	92	79	87	93	92	80	86	91	90	79	85	90	89
Michigan City	80	83	90	88	80	84	88	88	80	81	83	80	73	78	82	81
Portland	80	87	93	92	79	87	93	92	79	85	91	91	79	85	90	89
South Bend	83	88	95	94	83	89	95	95	82	86	91	89	77	83	89	89
Three Rivers	81	87	94	93	80	87	93	92	80	85	91	89	77	81	88	86
Warsaw	81	87	93	92	80	87	94	92	81	86	90	89	78	83	90	88
Wauseon	80	88	94	93	79	87	94	93	80	87	91	91	78	83	87	86
Winamac	81	88	94	94	82	88	94	92	81	86	90	89	78	83	90	89

Maximum Heat Index Forecast (°F)

	6/22 Sun				6/23 Mon				6/24 Tue				6/25 Wed			
	12am	6am	12pm	6pm	12am	6am	12pm	6pm	12am	6am	12pm	6pm	12am	6am	12pm	6pm
Angola	83	94	100	98	79	93	98	97	82	92	96	94	77	87	94	93
Benton Harbor	84	88	95	94	83	87	93	92	78	84	87	83	71	78	87	85
Bryan	84	96	102	101	83	95	102	99	83	93	99	97	79	89	98	95
Defiance	85	97	103	102	84	96	102	100	83	94	100	98	82	90	97	95
Elkhart	87	95	101	100	85	94	99	98	86	94	98	95	78	88	95	94
Fort Wayne	83	95	101	99	84	94	100	98	83	93	99	97	79	90	98	96
Goshen	86	94	101	100	84	94	99	98	85	93	97	95	78	88	95	95
Hillsdale	79	93	100	98	79	92	98	97	82	91	96	94	77	85	92	91
La Porte	87	93	100	100	85	91	98	96	83	90	94	89	75	83	93	91
Lima	84	96	101	100	85	97	102	101	86	95	100	98	83	93	99	97
Logansport	85	95	102	101	86	97	100	99	84	95	99	96	83	92	99	96
Marion	83	93	100	99	79	95	101	99	83	94	100	98	83	92	99	97
Michigan City	83	88	95	93	82	89	93	92	82	85	88	83	73	78	87	85
Portland	83	94	99	97	79	93	98	96	82	90	96	95	82	90	96	94
South Bend	88	95	102	101	88	95	100	100	86	92	98	95	77	88	95	95
Three Rivers	85	94	101	100	84	93	99	98	83	91	98	95	77	85	94	93
Warsaw	85	94	101	99	84	94	101	98	84	92	98	96	78	88	97	95
Wauseon	83	97	103	100	79	94	100	98	82	94	97	95	78	88	93	91
Winamac	85	95	101	100	85	94	98	96	85	92	96	93	78	88	96	94



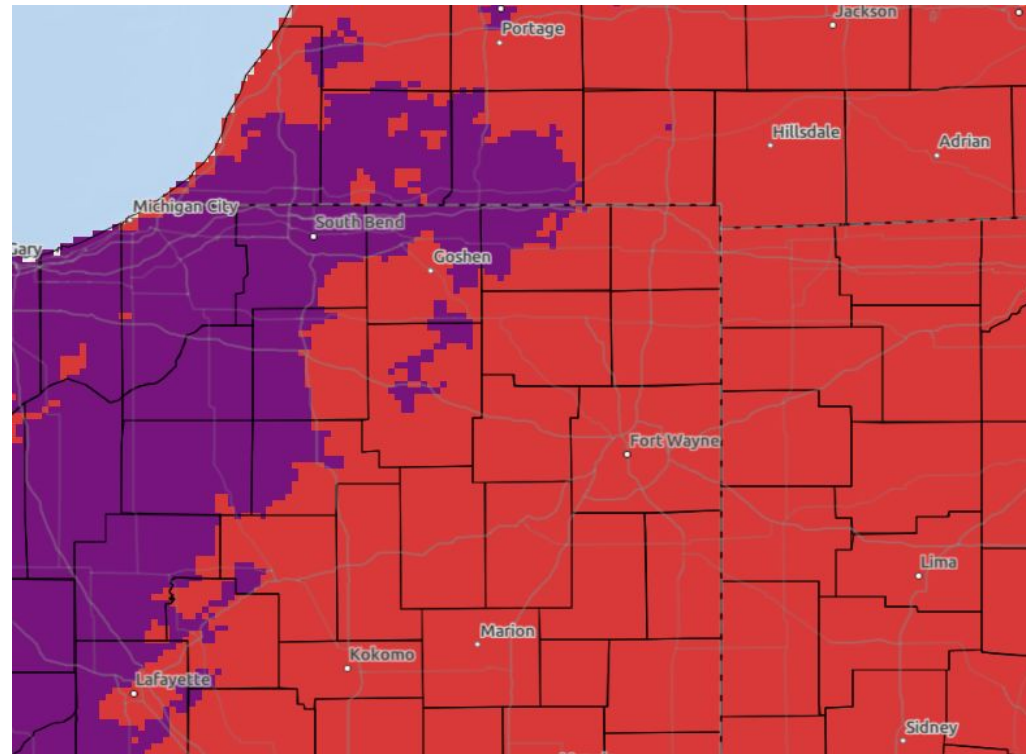


Long-Duration Heat Wave Through Midweek

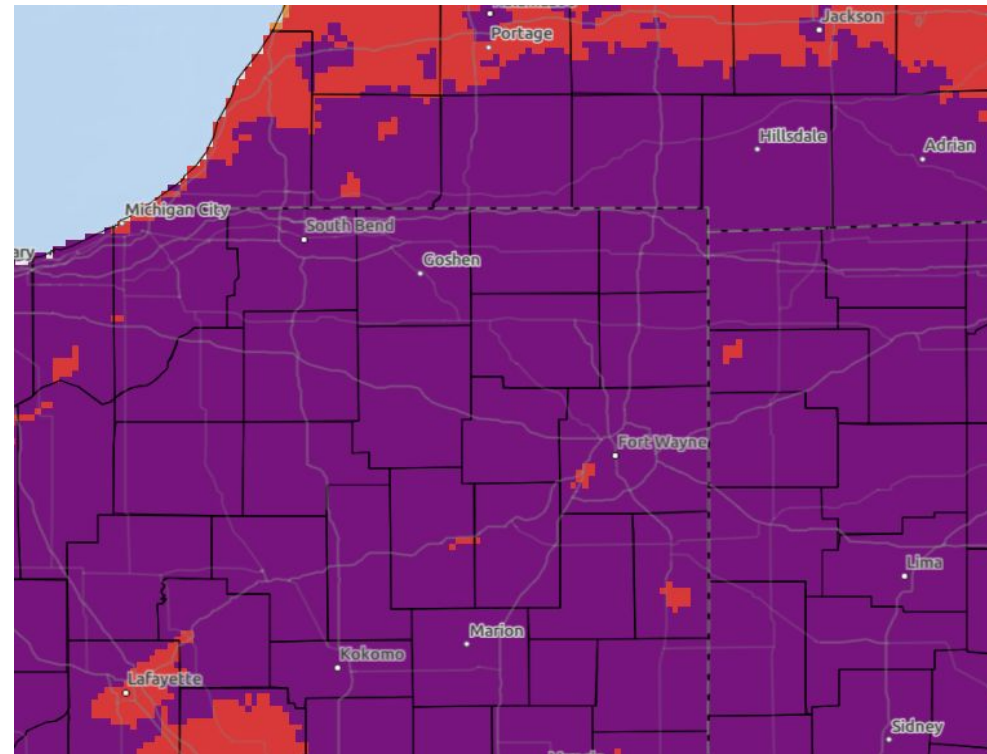
June 21, 2025
3:16 PM

Maximum Expected Heat Risk Each Day

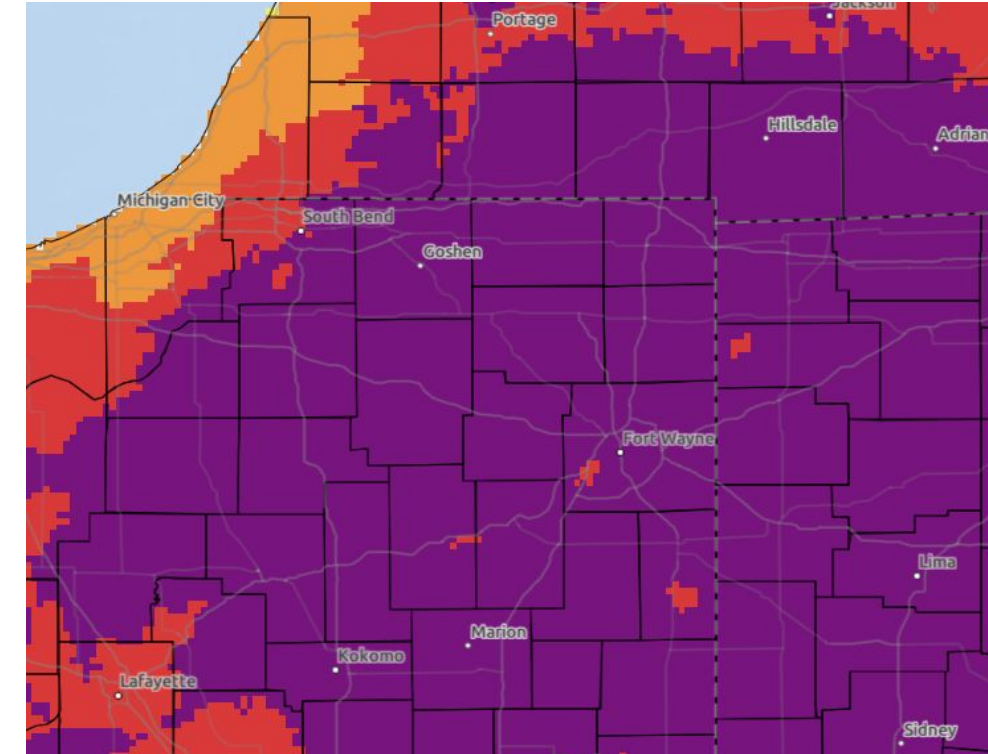
Sunday



Monday



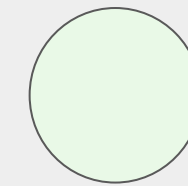
Tuesday



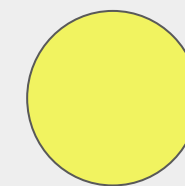
Major to Extreme heat impacts will be possible over the next few days. Overnight lows won't allow for relief from the heat/humidity at night, which allows for cumulative effects from the heat as we get into **Monday and Tuesday.**

<https://www.wpc.ncep.noaa.gov/heattrisk/>

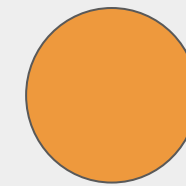
Heat
Risk
Legend



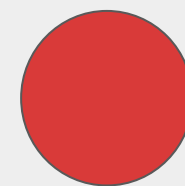
Little/None



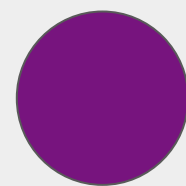
Minor



Moderate



Major



Extreme



National Oceanic and
Atmospheric Administration
U.S. Department of Commerce

National Weather Service
Northern Indiana

NWS HeatRisk: Know what heat will mean for you

Category	Risk of Heat-Related Impacts
0 - Green	Little or no risk from expected heat.
1 - Yellow	MINOR - Primarily affects individuals extremely sensitive to heat, especially when outdoors without effective cooling and/or adequate hydration.
2 - Orange	MODERATE - Affects most individuals sensitive to heat, especially those without effective cooling and/or adequate hydration. Impacts possible in some health systems and in heat-sensitive industries.
3 - Red	MAJOR - Affects anyone without effective cooling and/or adequate hydration. Impacts likely in some health systems, heat-sensitive industries, and infrastructure.
4 - Magenta	EXTREME - Rare and/or long duration extreme heat with little to no overnight relief. Affects anyone without effective cooling and/or adequate hydration. Impacts likely in most health systems, heat-sensitive industries, and infrastructure.



STAY HEAT SAFE THIS SUMMER



NEVER LEAVE KIDS OR PETS
UNATTENDED IN VEHICLES



DRINK PLENTY OF WATER,
EVEN IF NOT THIRSTY



WATCH FOR SIGNS
OF HEAT ILLNESS



AVOID CONSUMPTION
OF ALCOHOL &
CAFFEINE



CHECK IN ON ELDERLY
OR ILL NEIGHBORS &
FAMILY MEMBERS



SPEND SOME TIME IN AIR
CONDITIONING



TAKE FREQUENT REST BREAKS
IN SHADE OR AIR
CONDITIONING



BRING PETS INDOORS OR
PROVIDE SHADE &
PLENTY OF WATER



AVOID STRENUOUS
ACTIVITY DURING
THE HOTTEST PART
OF THE DAY



WEAR LIGHTWEIGHT,
LIGHT-COLORED, LOOSE
CLOTHING

